



## Editorial Board

**Hindi**

**Mr. Brijendra Agnihotri**

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**Mr. Naveen Joshi**

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**Krishna Shukla, Aman Yadav, Ayushi Verma.**

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## Editorial Page for Carpe diem

S

“Strain your wine and prove your wisdom; life is short; should hope be more?  
In the moment of our talking, envious time has ebb'd away.

Seize the present; trust tomorrow e'en as little as you may.”

Text from Odes 1.11:

The ode says that the future is unforeseen and that one should not leave to chance future happenings, but rather one should do all one can today to make one's own future better. It has been argued that the meaning of carpe diem as used by Horace is not to ignore the future, but rather not to trust that everything is going to fall into place for you and taking action for the future today.

Our lives are but a collection of moments. We can look at them as minutes or seconds or days or years, but really, they are moments because it's only the moments that carry a special capacity to have a special meaning. Think about it: there are moments of truth, moments of surprise. Epiphanies are moments. There are joyful moments: the birth of a child, a birthday, a celebration for an anniversary. Those are moments; not minutes. Yet it is easy to feel that challenges and restrictions limit the chances of a moment occurring. But what if the choices we make could create serendipitous moments in our lives?

Just explore the differences between a minute and a moment in life and think what you can do about it. How we can use the concepts of doing nothing, truth, and choosing courage over fear to our advantage. Know the importance of setting clear daily intentions and making choices that encourage the occurrence of serendipitous moments. How one can change everyday life patterns to turn minutes and hours into memorable and meaningful moments.

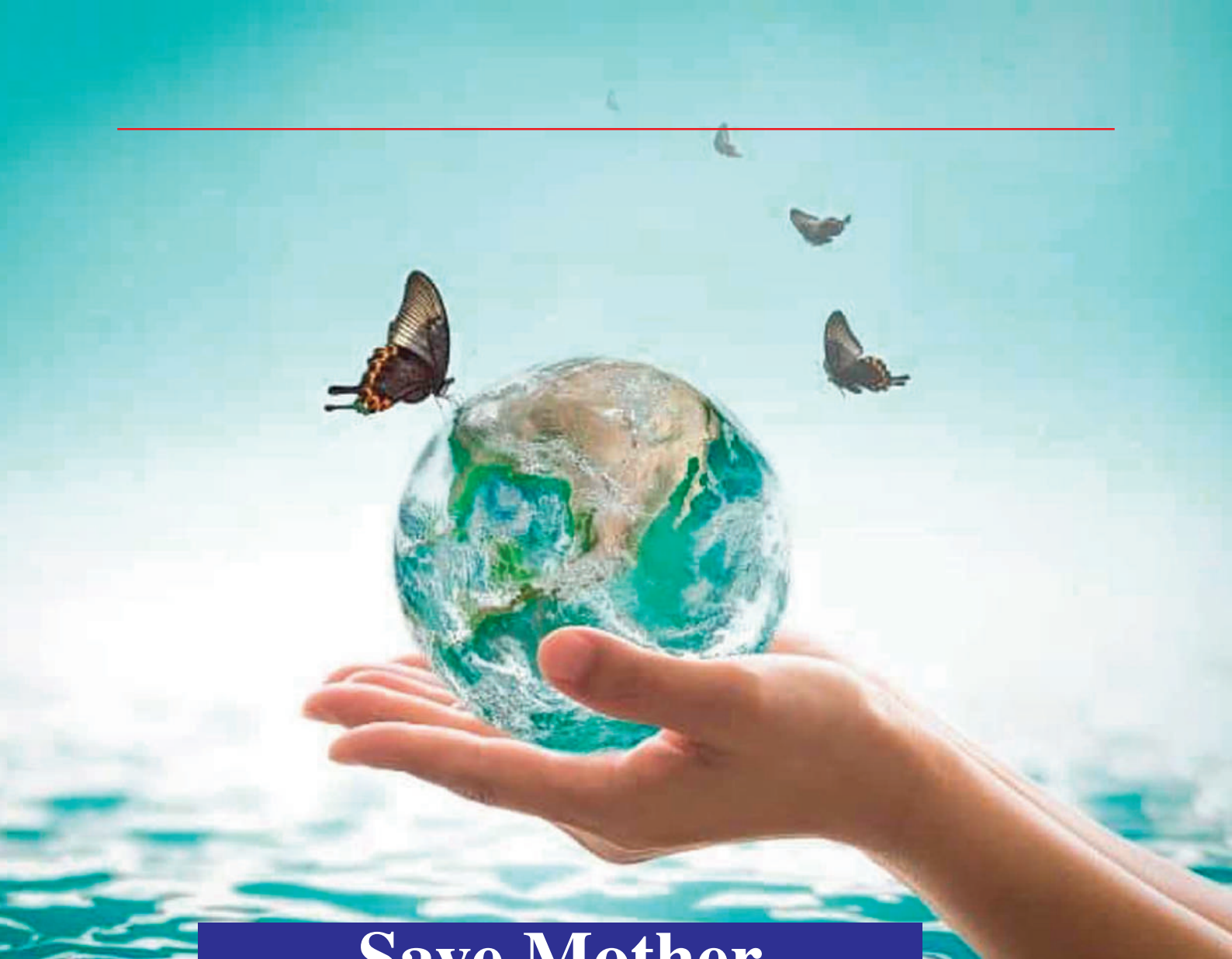
- How moments differ from minutes and how we can choose to make special moments
- Using time and doing nothing to think, contemplate, ponder, connect the dots, and create a moment
- The importance of having a clear intention for the day and choosing courage over fear
- How truth correlates with courage versus fear.

“We don't have enough time. We'll never have enough time. ...All we can do is grab it as it comes by and hold on tight because soon enough it'll all be ripped away. Nothing lasts and everything breaks. But right now we're here and for a little while, at least, nothing else matters.”

**“We can choose to create special moments - moments that have the potential to change the trajectory of our lives.”**

**- Chris Colbert**

**\*Convert your minute in moments.**



## Save Mother

**T**he climate is changing all around the work.

How come we only utter few words?  
We have been talking about for decades.

How much we tried?  
First one's drowning,  
Second's run dry,  
Third is all burnt down,

Sea level has risen,  
Forest catch fire,  
Ozone is hurt,

Mother has fewer,

We are killing her children,  
And we find reasons for war.

We are greedy,  
Hungry creature,

Always choosing short ways,  
Snatching life from future.

**Mrs Sajma Maurya**  
Assistant Teacher S.ST.

# Try, try & try

Try, try & try,  
the more I try,  
the more I cry.

I practice maths with my heart and soul.  
Yet I am not able to achieve my goal  
I never get marks in Maths,  
in spite of my great endeavours  
Fate is never in my favour.

I really want to improve my maths,  
because I love this subject,  
& for this I am trying my level best.

I am candid so I confess,  
in Mathematics examination I always  
create a mess,  
all the answers guess,

and ultimately the marks I get are quite  
les.

I believe that if I do ample practice,

I will one day probably achieve my  
goal,  
& I seriously have to improve,  
because in our lives maths plays a very  
significant role

**Raj Kamal Dixit**

(Math Teacher) TGT Maths



Samsung Triple Camera

By H@R\$H!T SHARMA

Carpe diem



## Teacher's day

भरोसा है मुझे गुरुवर, तुम अपना बना लोगे,  
हिम्मत और साहस के, कठिन पथ पर चला लोगे,  
यदि मैं भूल भी जाऊँ, कर्तव्य की डगर को तुम,  
हमेशा मार्गदर्शन कर, हमारी लाज बचा लोगे

किताबी ज्ञान झूठा, सदा सद्मार्ग सच्चा है,  
गणित विज्ञान को ढोता, बिना इच्छा के बच्चा है.  
जगाकर ज्ञान की गंगा, मन में प्रेम का सागर,  
'शीलाह्ल के कटु मन को सच्चा सरल बना देगे

शीला सोनकर  
हिन्दी अध्यापिका





# शिक्षा - सामाजिक एवं सांवेगिक अधिगम

'व्यक्ति का व्यक्तित्व ही उस व्यक्ति के, व्यक्ति होने की संभावना को दर्शाता है।'

**प्र**त्येक व्यक्ति की अपनी विशिष्ट पहचान होती है और यह 'विशिष्टता' प्राप्त करने या विकसित करने की व्यवस्था का नाम 'शिक्षा' है। 'शिक्षा' के द्वारा व्यक्ति के आचरण-व्यवहार-योग्यता, रहन-सहन एवं बौद्धिक समझ के संप्रेषण में अनोखापन विकसित करने का प्रयास किया जाता है।

प्रत्येक व्यक्ति एक सामाजिक प्राणी है। जन्म से मृत्यु-पर्यन्त वह समाज के साथ समन्वय करते हुए एक प्रसन्न सामाजिक इकाई के रूप में स्थापित होने की आकांक्षा रखता है। प्रत्येक व्यक्ति एक सांवेगिक (एड्रेंड्रइल्ल') इकाई भी है, और उसके व्यक्तित्व निर्माण में परिवार, परिवेश(समाज) तथा मनोदशा में गहन सम्बन्ध है। संवेग, आन्तरिक भाव व मनोदशा का प्रकट व्यवहार है। परिवार प्रथम पाठशाला एवं माँ प्रथम गुरु कही गई है, क्योंकि माँ

के गर्भ में भ्रूण अवस्था से शिशु के समग्र विकास में उस माँ (स्त्री) के व्यवहार, विचार, संस्कार तथा जैव-रासायनिक संतुलन का प्रभाव रहता है। शिशु का प्रथम स्पर्श तथा गंध ग्रहण का गुण एवं इन्द्रिय विकास माँ के सानिध्य से आरम्भ होता है, जो क्रमशः परिवार के अन्य सदस्यों से जुड़ते हुए और विकसित होता है।

जन्म से मृत्यु तक व्यक्ति में तीन मूल संवेग होते हैं- प्रेम, भय तथा क्रोध। यह मूल संवेग ही परिवार, समाज, विद्यालय, मित्र तथा अन्य कारकों के साथ प्रतिक्रिया कर अन्य अनेकानेक भाव-संवेग के रूप में विकसित होता है। संवेग का सम्बन्ध व्यक्ति के भावात्मक पक्ष से होता है और यह व्यक्तित्व निर्माण का मूल उद्दीपक है, जिसे प्रेरणा, प्रभाव तथा मनोदशा संतुलन के रूप में समझा जा सकता है।

भारतीय जीवन-दर्शन में दो मुख्य संवेग स्वीकार करते हैं, ये हैं- राग तथा द्वेष।

राग- सम्मान, भक्ति, शुद्धता, मित्रता, प्रेम आसक्ति, स्नेह, वात्सल्य, दया, क्षमा आदि।  
द्वेष - भय, कायरता, घृणा, क्रोध, ईर्ष्या, अभिमान, अधिकार-भाव इत्यादि

विद्यालय में नई शिक्षा नीति के अन्तर्गत, बालक के विकास में सामाजिक एवं सांवेगिक प्रक्रियाओं की महत्ता को स्वीकार किया है। नई शिक्षा नीति में गतिविधि तथा क्रियात्मक- भावात्मक पक्ष को समायोजित किया गया है। इच्छर गुरुकुल की प्रमुख अधारशिला ही सामाजिक-सांवेगिक अधिगम है। यहाँ व्यक्तिगत भिन्नता का सम्मान करते हुए बालक के नैसर्गिक प्रतिभा को सर्वोच्छा उच्चतम अधिगम स्थिति तक पहुँचाना ही प्रमुख ध्येय है। ■



## Teachers! Teachers

Teachers! Teachers,  
Are important in life,  
As cutting salad needs a  
knife,  
Telling the way to fight  
against wrong,  
And become right,  
They tell the path,  
which we like.

They can guide the path,  
which we have to walk,  
Achieving the door of  
dreams,  
We have to knock,  
lilting the fire of will,  
With wisdom of rock.

If we are in middle of  
sea,  
They will tell, the way

to shore,  
They will inspire us,  
To learn more and more,  
Thank you god!  
Thank you  
For giving Teachers as  
our golden ore

**- Utkarsh Singh,**  
Class VII

BACK  
to  
SCHOOL



## Back To school

I have a new teacher.  
We have a new class.  
My new class is tiny.

We are all wearing masks.  
At first, I was scared.  
About how things would change.  
School was closed for Long  
Would it feel bad or strange.  
But today I rode back.  
To my school on my bus  
I sat by myself!  
There was not a fuss.  
Not on my ride.  
Or when we got to school.  
We learned some new rules.  
Our teachers read books.  
We all shared our names.  
What I thought  
Would be different.  
was almost the same.

**Kritika Dwivedi**  
Class 8

## When school is closing



When school is closing soon,  
My hearts gets excited.  
But, I'll miss my friends and teachers,  
So my feelings are divided,  
I think of all I've learned,  
like math, writing and reading,  
I'm proud of my accomplish ments,  
and how I've been succeeding!  
So, here's to summer months of fun  
And to the next year too !  
I'll always remember this school year  
And how much I grew!



- Naveen Joshi



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# Message from the Founder

W

we are living in the state, where more than 64% of the population is living in rural areas. Even then, we at villages have very limited access to public and private services. We have started Abhigya Foundation with a dream to set up a chain of world-class schools in rural areas of Uttar Pradesh. And Dr Banwari Lal Sharma is just a tiny step towards this larger goal.

I am a seeker and I know that success comes to those who follow their dream. I believe in nurturing passion and try to make every individual child realize their true potential. Every child has the potential and we just need to push them. It is being confirmed by many research studies conducted by the renowned professors of the world such as “The Hole in the Wall” and “Queen of Katwe” experiments. The focus at BLS Gurukul is to offer 360° development to students, giving them a nurturing environment with sufficient exposure. And I believe that the true value of lessons learnt outside the bounds of a classroom. At BLS Gurukul we go beyond and ensure that our students will get the best of indoor and outdoor training for strength, intelligence and knowledge. Strength



## ■ **Bhartendu Prakash Trivedi**

*Founder, BLS Gurukul*

without intelligence makes us dim-witted tools in the hands of others. Intelligence without strength, on the other hand, means no-one can realize their dreams. Strength does not mean only a good body, it means a body that has stamina, a mind that has patience and knowledge and that is the BLS Gurukul all about. These “tiny steps” of Abhigya Foundation will lay the foundation of future India in which each dream of every child will turn into actuality.

" You are what you do, not what you say."

**Welcome to BLS Gurukul !**

**T**hank you for choosing BLS Gurukul for your child. I am working to create an environment where learning will proceed best

in the way of self-motivation and child enjoy doing and exploring new knowledge. I hope, with cooperation and coordination of parents, I'll be able to "Spread of light" at the heart of everything we do in the school. The mind is not a vessel to be filled but a fire to be kindled.

Intelligence is a gift of nature which is nurtured by the social and emotional environment created and outcome is simply how one perceive.

A pivot role of education lies in shaping the personality of a child into a healthy mind and happy soul, who is not only equipped for academic excellence but helping to face the challenges of life in a balanced and harmonic way. Education works as a catalyst where inherent talent is been sharpen by the innovative invisible environment. The individual care strengths potential embedded in the learning experiences emanating our rich

sociocultural roots. We focus to enterprise to map academic excellence with a good human value system, which is myriad ways in ingrained in the culture of the school.

I really enjoy each day coming in school with an adventure filled with new experiences, learning for all, and a chance to constantly widen horizons. "We work together and learn together", and believe in children's latent potential thus we plan to give opportunities for exploration and innovation. We believe that our children will be responsible, resilient and confident citizen and become a productive member of society.

We offer clubs, activities sports and a large variety of musical venture that our students can participate in.

I am committed to contribute my share to the society and nation and I firmly believe in constructive approach as well as a quote of Indian heart-

"Karmanye vadhikaraste ma faleshu kadachana."

**Thank you**



**■ Poonam Kumari**  
Principal , BLS Gurukul

## Vice-Principal Desk



# डा०

बनवारी लाल शर्मा गुरुकुल में जब कक्षाएं लगनी शुरू हुईं तो महसूस हो गया कि अभी बहुत चीजों पर काम करना बाकी है। छोटे-छोटे स्टेप लेते हुए हमने कोशिश की कि बच्चों के शैक्षणिक स्तर के साथ-साथ मानसिक और शारीरिक स्तर पर विकास हो सके। अब अगर मैं अगले 5 साल की परिकल्पना की बात करूं तो बच्चों के सामाजिक-भावनात्मक विकास के साथ-साथ पढ़ाई के स्तर को और भी बेहतर बनाने की परिकल्पना तैयार की गई है। जिसमें मैथ ओलंपियाड से लेकर स्टेट लेवल खेल प्रतियोगिता का आयोजन भी शामिल है।



मैं सभी क्षेत्रवासियों और अभिभावकों का उनके सहयोग के लिए स्वागत करता हूं और धन्यवाद करता हूं। अगर तुरंत बदलावों की बात करें तो 2022-23 में विद्यालय में कक्षा 11 की विज्ञान और वाणिज्य वर्ग की शिक्षा का प्रारम्भ करके उच्च शिक्षा की ओर भी कदम बढ़ाया जा रहा है। पढ़ाई का तरीका ऐसा रखने की कोशिश की जा रही है कि बच्चों को प्रयोगात्मक तरीके से सैद्धांतिक ज्ञान दिया जाए। साथ ही बोर्ड में शामिल होने जा रहे बच्चों के लिए अतिरिक्त कक्षाओं की भी व्यवस्था की गई है। स्कूल में भी बच्चों के लिए इसमें फ्री ट्यूशन की व्यवस्था भी सम्मिलित है। स्कूल में भौतिकी, रसायन, गणित, जीव विज्ञान, कम्प्यूटर के अलावा भाषा प्रयोगशाला की व्यवस्था की गई है।

अब अगर शारीरिक दक्षता की बात करें तो स्कूल प्रांगण में वॉलीबाल, बास्केटबॉल, बैडमिंटन, क्रिकेट, एथलिटिक्स की भी पूरी व्यवस्था की गई है। अंत में मैं सभी अभिभावकों को सुझावों और समय-समय पर स्कूल के कार्यक्रमों में भाग लेने के लिए और स्कूल के विकास में सहयोग देने के लिए बहुत-बहुत आभार प्रकट करता हूं। ■

-दिनेश निगम, उप-प्राधानाध्यापक, बीएलएस गुरुकुल



## Message from PTI

**E**ducation in schools suffers from many drawbacks. It does not lead to an all-round development of personality.

Physical education in schools has not received its due attention and importance. Education is confined to the Humanities, Science and Commerce. The result is disastrous. It is really a matter of great shame that a country of about 120 crore people has not produced an athlete who can win a gold medal at the Olympics. On the other hand, a tiny country like Cuba runs away with a dozen medals at the Olympics.

Neglectful attitude of teachers, parents and the government is responsible for this sorry state of affairs. Physical Education should be a compulsory subject up to the secondary level. It is a pity that our schools lack the primary facilities required in this field. Many of them don't possess good play-

grounds and other facilities for sports. Like the European countries, we should identify the potential sportsmen while they are still young. A comprehensive physical education and training using modern and scientific techniques can produce good results. Sports and games are a media of national unity and national solidarity. Inter-school tournaments held in different states foster a spirit of brotherhood and cooperation.

Sports and games are a great source of information, education and discipline. They make us physically and mentally strong.

After all, a healthy mind lives in a healthy body. Wishing you all a new journey of sports and games activities for a beginning of new life and spirit.

**- Naveen Joshi**





## आँखें

आँखें, अक्सर धोखा दे जाती हैं  
कभी मेरे झूठ, कभी मेरी बात से मुकर के,  
मुझे एक मौका दे जाती हैं  
कि मैं अडिग रहूँ अपने सच पर;  
वो साथ देंगी, भले फिर शर्म लिये, झुक के;  
नम होकर भी दृढ़ता लिये। उठ कर, गिर कर,  
ये आँखें एक अदा एक भाव अनोखा दे जाती हैं।  
कुछ आँखें ऐसी होती हैं  
जिनमें विश्वास झलकता है।  
मेरे हर सही-गलत को मानो कोई है, जो परखता है  
इस अनजान, अजब दुनिया में रोज नया कोई मिल जाता है  
मेरा हर दोष बिलख उठता है  
पर उन कुछ आँखों को देख  
क्रोध, घृणा और द्वेष से लेकर  
प्यार, चिंता, पागलपन तक सबकुछ कह जाती हैं  
ये दोनों फिर भी ख्वाब संजो के रह जाती हैं  
कभी ये मुझसे छल करके  
अंतर का झरोखा दे जाती हैं  
ये आँखें, अक्सर ही धोखा दे जाती हैं...

उज्जवल मिश्रा

## बेटी

जब-जब जन्म लेती है बेटी,  
खुशियाँ साथ लाती है बेटी।  
ईश्वर की सौगात ही बेटी,  
ह्यसुबह की पहली किरण है बेटी।  
तारों की शीतल छाया है बेटी, आंगन की  
चिड़िया है बेटी।  
त्याग और समर्पण सिखाती है बेटी,  
नये नये रिश्ते बनाती है बेटी।  
जिस घर जाए, उजाला लाती है बेटी,  
बार बार याद आती है बेटी  
बेटी की कीमत उनसे पूछो,  
जिनके पास नहीं है बेटी।

उज्जवल मिश्रा

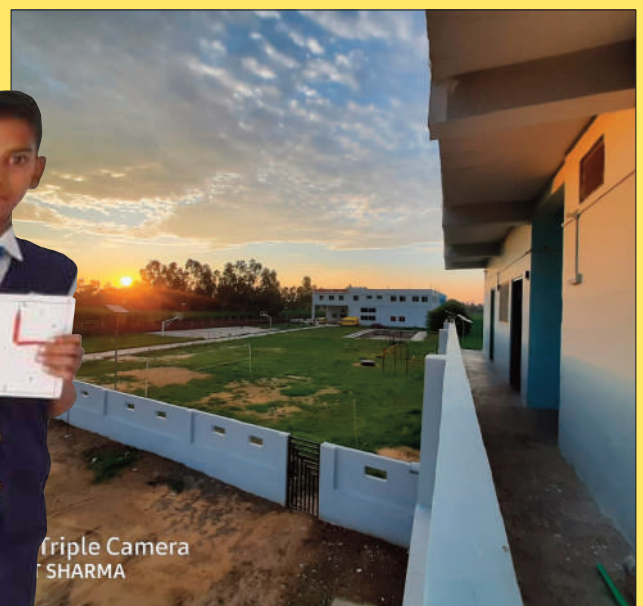




## Golden times

It's just beginning....  
 Priceless words are  
 on the way....  
 Golden times are  
 ready to crack....  
 Unforgotten Memories...  
 Delightful days....  
 Lovely Moments....  
 Excitement ahead...  
 Ready to flow....  
 Ready to glow....  
 A long way to go...  
 Whether destination  
 is too far....  
 We are ready to touch the Star.





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## A story of a village boy:

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# Doctor, Engineer or IAS is not end of the world

I

got up early that morning due to an improper sleep during the previous night. It was due to the anxiety to start fresh with my new life. I was determined to be the best in whatever it is that I do, so that I would have something to be proud of in the pages of my life.

It was very first day of the college. As soon as he entered in the class, Ramesh realized that it is very different world. He was very happy to see people from different places, even from different states, were there. But this joyfulness didn't last long. A very smart professor entered in the class and started to teach about Virus. At the end of 55 minutes lecture Ramesh just understood one thing that this was the lecture of virus. The whole day went like that, there was nothing else in his mind.

Ramesh was a remote village boy of Uttar Pradesh. He did understand that he gained nothing in village school. But what could he do, he is going to be failed in the exam if his vocabulary didn't improves drastically in few days. The lecture





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was in English and even the accent was very different. But at the night his seniors gave him idea to read anything in English whatever he would like to read. The first thing Ramesh did was to get the action and thriller novels from library and started to read. Within 15 days, result was unexpected. Teachers started to count him as one of the best student of the class and in the organic chemistry he got highest marks in the university. At this moment he knew that hard work can achieve anything.

This journey did not stop here. He chose to be a journalist rather than being doctor as his father wished for him. And the first salary was 5,000 INR and obviously no one at home liked it at all. But it was not the end for him as it was just the beginning... Here the story can be turned in two ways.

1. In next two years Ramesh got the opportunity to work with the renowned News Channel and he became an anchor and started to get handful amount as salary and later he married with the girl who was working with the same news channel. Now they are happily married and living joyful life.

2. During working in newspaper, he met a Professor from Yale University, she wanted to do a study on the politics in Uttar Pradesh. It was close to his structure of studies and fundamental understanding like the journalism so Ramesh just grabbed it and started to work



with her. It was life changing moment and he started to like the work more than himself. He completed the project on time and kept working with professor for next two years. Later on he met with another professor at MIT. With him Ramesh worked for a couple of years. This professor got Nobel prize in Economics, and it was again life changing moment. With the professor's recommendations Ramesh got the job in World Bank. After working in the

world bank Ramesh started his own social science research company. Now he is very good entrepreneur and living his life joyfully.

So moral of the story is that any student can be journalist, Economist, Political Scientist, Statistician, Data analyst, paleontologist or archaeologist it is just for us to understand the child's thinking at young age and just let him/her do what his/her heart says.



## Yellow day

**Y**ellow, the colour of sunshine, hope, and happiness. A day dedicated to the yellow colour was marked with children dressed in different hues of yellow. Tiffins were filled with bananas, custard, jelly, lemons, mangoes, pineapples etc. Attractive yellow coloured toys like racing cars, teddy bears, dolls, balls, balloons.

Children were not only dressed in different hues and tints of yellow but also brought yellow objects to make it complete YELLOW DAY.

## CHESS TOURNAMENT

**C**hess is an Indian gift to the world involving critical thinking, quick over the board decision making, analysis of moves and also making future predictions which enhances child's overall thinking ability.

BLS gurukul conducted the chess tournament among all the four houses of our school. Ultimately the final was won by checkmate given by our chess prodigy Satyam Tiwari class 7th to his opponent over the board. This magical last move even impressed his trainer Naveen Joshi. These small drops of extra-curricular events makes a mighty ocean of knowledge in which the ship of dreams sails and makes the dreams come true.



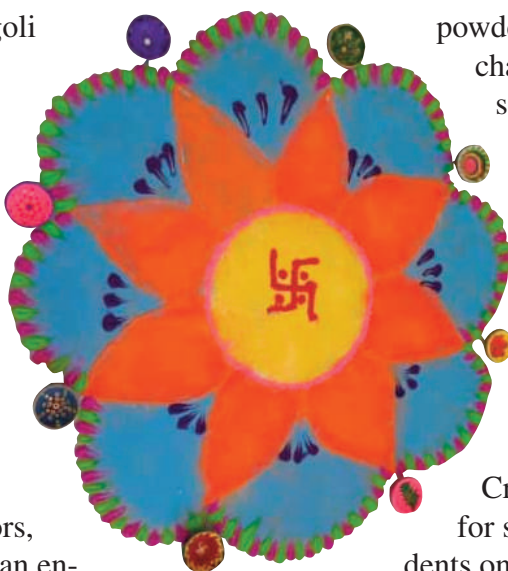


Samsung Triple Camera  
By H@RSHIT SHARMA

# RANGOLI COMPETITION & CRAFT EXHIBITION

**W**e organized the Rangoli competition on the occasion of Diwali festival among the tiny tots. This competition was won by Kautilya house and our heart got filled with different feeling which each colour sprinkled upon the students.

Designed with a beautiful combination of various colors, the Rangoli images created an enchanting piece of art. It was basically a floor painting, an image that stood for a sign of welcome. The material used for making rangoli are Turmeric, Kumkum, rice solution, dried



powder made from the leaves , charcoal, burned soil , wood sawdust etc. Traditionally, the white powder which is used to draw lines and dots was nothing but powdered rice. These served the purpose of inviting insects and birds for food and symbolize coexistence among different life forms.

Craft exhibition was organised for students of PG to class 5 students on the theme of Diwali where they made different decorative items, colourful diyas, kandeel, Money banks. They learnt decoration also explained to them that saving is a great virtue.

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**T**he future of teaching will be changed by engineers of India.

In future 3 D Video calls will minimize the difference between real and virtual life. Director of BLS gurukul said on the occasion of the Engineers' day that with many countries in the world facing shortage of engineers, India is in a position to contribute engineers to all the countries of the world.



## Engineers' day

On this day BLS gurukul organized a workshop in supervision of Math Teacher Mr. Raj Kamal Dixit. He presented a brief description of E-Ball technology and provided information about the size and other elements of E-Ball.

This day some of our bright students namely Krishna Shukla of class 7th described about wireless technology using power point presentation and Satyam Tiwari of class 7th told us about Artificial Intelligence. All students of BLS gurukul enjoyed and learned new technologies and techniques introduced by intellectuals.

Engineers' Day is celebrated every year on September 15, the birth anniversary of Sir M.



Visvesvaraya, known as the Father of Engineering, in order to commemorate his contributions to the field of engineering in India. We cele-

brated the same at our campus where the future engineers of the world were given their first tools to build their future.



## VOLLEY BALL TOURNAMENT



**A** state level volleyball tournament was organized to encourage rural level sports in BLS

Gurukul. The main aim of organising this event was to give an idea about standard of tournament and our students get motivational environment and feel the level of challenge. It was aimed at making maximum number of athletes attracted towards this sport. In the tournament A.M.C. Lucknow won the tournament among senior block and among the junior BLS Gurukul won the trophy.

The cash prize was 11000 rupees for both the categories. It was paid that very moment to boost the morale of the students and other participants. There were moments of cry, joy, laughter which were felt all at once by the competitors.



## Sports Day

**S**ports day is an occasion where pupils, teachers, and parents come together for a day. Competitive Sports develops a sense of friendliness among the children and develops their team spirit and fighting and winning spirit. It helps children to develop mental and physical toughness, and they also learn to accept defeat and failure at times which is very important for emotional development of a child.

School believes that sports are an integral part of education and in BLS Gurukul, children are taught various sorts of games. We initiate training of gross motor skills in very early stages which is followed by fine motor skills to keep their value in life. Founder of the school welcomed and addressed the esteemed gathering of parents and guests where he talked about the importance of sports in a

child's life. The program started with lightening of lamp and parents were invited for the same. Grandfather of Krishang Umesh Pandey, Mr Umesh pandey, Mother of Japtaran Singh Mrs Gagan preet kaur, Father of kanak Dixit Mr jiten-dra Dixit, Father of Anand Verdhan Mr. Alok vardhan and Father of Ananya Paridhi, Mr. Mukesh Pandey were guest of honer for the event. They encouraged and were very enthusiastic



throughout the event. Kalam house won the overall sports trophy out of the four houses namely Aryabhata, Vivekananda, Kautilya and APJ Abdul Kalam.

### The arrangements

- The arrangements started weeks prior to the actual event starting with students practicing during school hours.
- The class teachers and sports teacher ensured 100 % participation of the students.
- Grades nursery to 8 participated in various races like the sprints, relays, sack race, and three-legged race, obstacle race, and skipping race.
- Fun time with a relay and a tug-of-war between the houses added to the enjoyment.
- Various P.T. displays like aerobics, Yoga by the students of BLS Gurukul mesmerized the audience with their energetic performances. Boosted me like anything

On 14th November, 2012 our school organized sports day. Me and my friends participated in different competitions. As I



was in under 14, I participated in sprint (75 m) and Disc-throw. My first competition was sprint (75 m) and when it was going to start I was so scared that I could barely breathe. In the race I ran as fast as I could but I lost and came at last position. After tossing it, I was very depressed but I said to myself that I will train harder to win next time. My second competition was Disc-

throw in which I was so fired that I threw the dis with full strength which was 12 M. I won the first prize. which was like a big achievement for me. I was very glad and motivated to be better next time. After this day, I get very much motivated and inspired to win again in each event participate. I will try harder next time to learn.

- *Utkarsh Singh*, Class VII



## School fete

**W**e all have always loved school fete- the memorable moments of school. We look forward to them every year and make sure students attend them without fail. The school fete is held annually at our campus. This year school fete was very happening. It was organised on 13th November just a day before Children's day. The weather was very pleasant at that time. It began with the lightening of lamp and ribbon cutting by School Managing Director Mr. Bhar-tendu Trivedi. After that, the celebrations began, Students went to so many food stalls with group of friends. They tried out delicacies which were very delicious. All loved eating cream rolls, Bhel-puri, fruit-chat,



and many more. A lot of games and fun activities were there, and children enjoyed it a lot. Next, they tried hands at playing games. There were so many games; it became tough to try out all of them. The try-your-luck game was there absolute favourite.

Some even won a lot of gifts from that stall. All PAR-ENTS had a blast at that stall. THEY got so many photos from it, WE have them even now which reminds US of the great fun-filled day that the students spent at our fete.



## हिन्दी सप्ताह समारोह: कार्यशाला

Language of state is Hindi and still we need to work for empowerment of Hindi. Whether we fly high and explore and conquer the world we must not forget our own culture, value and language. After pandemic children need to be empowered and hence to cover their learning gap the workshop followed by house competition was organised in Hindi week, 7-14th September.



बीएलएस गुरुकुल में हिन्दी सप्ताह दिनांक 8 सितम्बर से 14 सितम्बर तक हिन्दी कार्यशाला के रूप में आयोजित किया गया। जिसका उद्देश्य छात्र-छात्राओं को हिन्दी साहित्य व व्याकरण के विभिन्न पहलूओं का ज्ञान कराना था। कार्यक्रम का शुभारम्भ संस्था निदेशक भारतेन्दु त्रिवेदी व प्रधानाचार्या श्रीमती पूनम सिंह ने किया।

कार्यक्रम को संचालित करते हुए हिन्दी विभागाध्यक्ष ब्रजेन्द्र अग्निहोत्री ने कहा, हिन्दी आज वैश्विक भाषा बनती जा रही है, संवैधानिक दायित्व एवं हिन्दी को

अन्तर्राष्ट्रीय स्तर पर गौरव दिलाने हेतु हमें दैनिक जीवन में इसका निःसंकोच प्रयोग करना चाहिए। हिन्दी कार्यशाला में विभिन्न गतिविधि आधारित मनोरंजक व ज्ञानवर्धक शैक्षणिक क्रिया कलाओं ये शिक्षक व छात्रों ने उत्साहपूर्वक प्रतिभाग किया।

सप्ताह के अंतिम दिन ज्ञान व मनोरंजन आधारित नाटक, निबंध, भाषण अन्त्याक्षरी प्रतियोगिताओं का आयोजन किया गया, जिसमें छात्र-छात्राओं ने अपने ज्ञान व कौशल का भरपूर प्रदर्शन कर सभी को मंत्रमुग्ध कर दिया।

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# School programs YOGA for humanity

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**T**

he International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. Yoga is that medicine that has the power to cure any disease of the universe, even those which cannot be cured by the prescription of doctor.

For the same we at BLS Gurukul celebrated the World Yoga Day by actively participating with students and doing various yoga poses, telling them the benefits and way of doing each yoga position. Schools, workplaces, civil society organizations and communities should consider incorporating yoga into daily activities supporting each country's mission to achieve a relative reduction in physical inactivity by 2030.



# BAL RAMAYAN

...know the route of culture

**R** “Ram broke the bow without any effort. Ravana was very evil both by his face and actions. Sita was very cute and beauty was dripping out of her as flames of fire. Hanuman was the main attractive part on the stage with its long tail. Both the students and the parents were emotionally attached and were into the magical spirit and aura of the play.”



This was not the scene of any Ramayana play on Television. It was staged by tiny-tots at BLS Gurukul, our students of play group to standard 2nd. They played various roles of every character like lord Rama and Sita and Ravana as well. The first scene begins with Emperor Dasartha and three queens moving towards Brahmarshi Vashistha Aashram.

Ramayana is a gift to humanity in seven Kands. In short, it represents our great country's ethical code which is laid on the foundation of Dharma. It is very important for the students to know our cultural heritage, and to lay a strong foundation. At Dr. Banwari Lal Sharma Gurukul, we value our heritage and bind it with future aspirations of kids making them flowers of pure knowledge, with the fragrance of our great past.



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# RAKSHA BANDHAN

**a beautiful bond of love, trust, and responsibility forever..**



## **Rakhi celebration**

**T**he tiny tots of our school were dressed in traditional attires enthusiastically participated in tying Rakhi on the wrist of their classmates, Rakhi making ,and colouring activities.

The vibrant, colourful attires mixed with their innocent smiles brightened the ambience of the classrooms.

The main objective behind celebrating Raksha Bandhan was to make the children aware of the virtuous bond of love between a brother and a sister which is one of the deepest and noblest of all human emotions.

